



TOP Country-Specific Wallet Card: GERMANY	
TRICARE Eurasia-Africa <i>(Africa, Europe, and the Middle East)</i>	1-877-678-1207 (stateside) tricarelon@internationalsos.com
Local 911/Emergency Service	_____
Customer Service Regional Direct	+(44)20-8762-8384
Customer Service Toll Free*	08005891599 (See note ++)
Customer Service Toll Free* Access Number	Not Required
Medical Assistance Regional Direct	+(44)20-8762-8133
Medical Assistance Toll Free*	08007234214 (See note ++)
Medical Assistance Toll Free Access Number	Not Required
<small>* Toll free is not an option in every location. If a toll free number is not listed, please use our regional direct customer service number. If toll free is available and there is an access number listed, please dial the access number prior to dialing the toll free number. Note: Toll free service may be discontinued at any time due to local country restrictions. ++Use this number to contact International SOS from the country where you are currently located.</small>	

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Useful Resources	TRICARE Web site: www.tricare.mil Sign Up to Receive Email Updates: www.tricare.mil/subscriptions Update DEERS: http://milconnect.dmdc.mil TRICARE Fact Sheets, Handbooks, Newsletters, Briefings: www.tricare.mil/smart Frequently Asked Questions: www.tricare.mil/faqs
Your TRICARE Overseas Contacts	Primary Provider: _____ _____ Specialist Provider #1: _____ _____ Specialist Provider #2: _____ _____ Pharmacy: _____ In-Country Hospital: _____ o Administrative: _____ o Emergency: _____ Other Emergency Numbers: _____ U.S. Embassy: _____